November 2026 School Lunch

EASTCONN Student Food Services

Hampton Elementary School

Hampton Elementary School

MADE IN OUR KITCHENS | LOCAL FEATURES | MENU SUBJECT TO CHANGE

Daily Alternate: Mini Corn Dogs or Sunbutter Lunch Box • Fresh fruit, vegetables & milk served daily

Monday	Tuesday	Wednesday	Thursday	Friday
11/2 Chicken Drumstick served with Whole Grain Waffles Carrots	**11/3** Meatball Stroganoff served over Rice Broccoli	**11/4** Pancake Breakfast served with Pork Sausage Links and Hash Browns	**11/5** Chicken Bowl Tortilla Chips Sour Cream & Salsa Corn	**11/6** Housemade Cheese or Pepperoni Pizza Cucumber Wheels
11/9 Grilled Cheese Sandwich with Tomato Soup Sweet Potato Waffle Fries	**11/10** Mozzarella Sticks served with Marinara Sauce Mixed Veggies	**11/11** No School- Veterans Day	**11/12** Meat and Cheese Walking Taco with Sour Cream & Salsa Corn	**11/13** Housemade Cheese or Pepperoni Pizza Romaine Salad
11/16 Macaroni & Cheese with Cornbread Baked Beans	**11/17** Roasted Turkey served with Corn, Mashed Potatoes, Gravy, and Cranberry Jelly	**11/18** Pancake Breakfast served with Pork Sausage Links and Hash Browns	**11/19** BBQ Chicken Sandwich Broccoli	**11/20** Housemade Cheese or Pepperoni Pizza Cucumber Wheels
11/23 Early Dismissal Bacon Cheeseburger on WG Bun Mixed Veggies	**11/24** Early Dismissal Pasta and Meatballs served with Texas Garlic Toast Corn	**11/25** No School - Holiday Break	**11/26** No School - Thanksgiving	**11/27** No School - Holiday Break
11/30 Chicken Nuggets WG Pretzel Sweet Potato Fries				

LOCAL HIGHLIGHT : Hampton, CT

Partnership with 10+ Local Farms with Click, Williamantic and Healthy PlanEat

MEAL PRICES

Breakfast	No Cost
Lunch	No Cost
2nd Entrée	$2.00
Milk	1 included / Extra $0.60
Adult Breakfast	$3.00
Adult Lunch	$6.00

BREAKFAST

Whole-grain cereal & Protein Pack available daily
Monday: S'Mores Breakfast
Tuesday: Chocolate Chip Muffin
Wednesday: Pumpkin Bread
Thursday: Cinnamon Roll
Friday: Bacon, Egg & Cheese Breakfast Sandwich

Menus are subject to change based on product availability. Fresh fruits, vegetables, and milk served daily. For food allergy or special meal accommodation questions, contact EASTCONN Food & Hospitality Services. This institution is an equal opportunity provider. Questions? Reach out to EASTCONN Food and Hospitality Services at 860-455-1589 or EastconnFoodService@eastconn.org