

Breakfast: FREE to ALL Students
Lunch: FREE to ALL Students
 Adult Lunch: \$5.00

Hampton Elementary School
Breakfast & Lunch Menu
APRIL 2024

Fresh Fruits, Veggies
& Milk
served daily!

Weekly Alternates	Monday	Tuesday	Wednesday	Thursday	Friday
<i>Yogurt Fun Lunch Sunbutter & Jelly</i>	^{4/1} Bosco Cheese Filled Breadsticks w/ Marinara Broccoli	^{4/2} Chicken Taco Salad w/Salsa Tortilla chips, Rice Black Bean Salad	^{4/3} Brunch for Lunch French Toast Sticks, Cheesy Scrambled Egg, Potato Wedges	^{4/4} Meatball Stroganoff w/ Egg Noodles Dinner Roll Steamed Carrots	^{4/5} Cheese Pizza Cucumber Wheels w/Ranch
<i>Yogurt Fun Lunch Sunbutter & Jelly</i>	^{4/8} Lasagna Roll Up Garlic Bread Stick Green Beans	^{4/9} Hearty Beef & Bean Chili w/ Tortilla Chips & Corn Bread Refried Beans	^{4/10} Sausage Egg & Cheese on English Muffin Sweet Potato Fries	^{4/11} Sweet n Sour Popcorn Chicken w/ Rice Broccoli	^{4/12} Cheese Pizza Corn
<i>Yogurt Fun Lunch Sunbutter & Jelly</i>	^{4/15} SPRING BREAK	^{4/16} SPRING BREAK	^{4/17} SPRING BREAK	^{4/18} SPRING BREAK	^{4/19} SPRING BREAK
<i>Yogurt Fun Lunch Sunbutter & Jelly</i>	^{4/22} Cheeseburger on a Roll w/ Baked Fries	^{4/23} Walking Tacos w/Cornbread Fiesta Black Beans	^{4/24} Chicken Patty w/Baby Carrots & Ranch Dressing	^{4/25} Sweet Teriyaki Chicken w / Rice Green Beans	^{4/26} Cheese Pizza Romaine Salad

4/29 - Popcorn Chicken w/Egg Noodles & Broccoli **4/30** - Beef & Cheese Nachos W/ Salsa & Refried Beans

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Balanced nutrition throughout the day contributes to student success in and out of the classroom. New research shows children are getting their healthiest meals at school. Studies have demonstrated that school meal programs play an important role in supporting obesity prevention, overall student health and academic achievement by improving children's diets and combating hunger.

ALL Breakfast items are 100% whole grain and meet the USDA meal pattern requirements.

Each breakfast is served with fruit and milk.

Doughnuts 4/1	Confetti Pancakes 4/2	Cinnamon Roll 4/3	Choc Chip Muffin 4/4	Pumpkin Bread 4/5
Breakfast Bar 4/8	Confetti Pancakes 4/9	Crumb Cake 4/10	Glazed Doughnuts 4/11	Choc Chip Muffin 4/12
SPRING BREAK 4/15	SPRING BREAK 4/16	SPRING BREAK 4/17	SPRING BREAK 4/18	SPRING BREAK 4/19
Cereal 4/22	Confetti Pancakes 4/23	Crumb Cake 4/24	Glazed Doughnuts 4/25	Choc Chip Muffin 4/26
Doughnuts 4/29	Confetti Pancakes 4/30	Cinnamon Roll 5/1	Choc Chip Muffin 5/2	Pumpkin Bread 5/3