

**Breakfast: FREE to ALL Students**  
**Lunch: FREE to ALL Students**  
 Adult Lunch: \$5.00

**Hampton Elementary School**  
**Breakfast & Lunch Menu**  
**MARCH 2024**

**Fresh Fruits, Veggies**  
**& Milk**  
**served daily!**

Weekly Alternates	Monday	Tuesday	Wednesday	Thursday	Friday
<i>Yogurt Fun Lunch Sunbutter &amp; Jelly</i>	<sup>2/26</sup> <b>Lasagna Roll-up Garlic Breadstick</b> Cauliflower	<sup>2/27</sup> <b>Cheese Burger</b> Baked Beans	<sup>2/28</sup> <b>Sausage, Egg, Cheese On WG English Muffin</b> Hash Brown	<sup>2/29</sup> <b>Turkey or Ham cheese sandwich</b> Baby Carrots	<sup>3/1</sup> <b>Personal cheese Pizza</b> Romaine Salad
<i>Yogurt Fun Lunch Sunbutter &amp; Jelly</i>	<sup>3/4</sup> <b>Sloppy Joes on WG Roll</b> Corn	<sup>3/5</sup> <b>Walking Tacos Cornbread</b> Black Beans Salad	<sup>3/6</sup> <b>Chicken Patty Sandwich</b> Sweet Potato Fries	<sup>3/7</sup> <b>Popcorn Chicken Brown Rice</b> Broccoli	<sup>3/8</sup> <b>Cheese Pizza</b> Cucumber Wheels & Ranch Dressing
<i>Yogurt Fun Lunch Sunbutter &amp; Jelly</i>	<sup>3/11</sup> <b>Bosco Sticks w/ Marinara</b> Green Beans	<sup>3/12</sup> <b>Cheese Burger</b> Baked Beans	<sup>3/13</sup> <b>Brunch For Lunch French Toast Sticks, Sausage, Hash Browns</b>	<sup>3/14</sup> <b>Chicken Tenders w/ Ranch</b> Celery Sticks & Baby Carrots	<sup>3/15</sup> <b>Cheese Pizza</b> Romaine Salad
<i>Yogurt Fun Lunch Sunbutter &amp; Jelly</i>	<sup>3/18</sup> <b>Grilled Cheese &amp; Tomato soup</b> Black bean salad	<sup>3/19</sup> <b>St. Paddy's Shepherd's Pie w/ dinner roll</b> Roasted Baby Carrots	<sup>3/20</sup> <b>Popcorn Chicken &amp; Waffles</b> Baked Fries	<sup>3/21</sup> <b>EARLY DISMISSAL Chicken Parm Sandwich</b> Romaine Salad w/Ranch Dressing	<sup>3/22</sup> <b>EARLY DISMISSAL Cheese Pizza</b> Cucumber & Tomato Salad w/ Italian Dressing
<i>Yogurt Fun Lunch Sunbutter &amp; Jelly</i>	<sup>3/25</sup> <b>Mac n Cheese Garlic Bread Stick</b> Broccoli	<sup>3/26</sup> <b>Chili Cheese dog on a bun</b> BBQ Baked Beans	<sup>3/27</sup> <b>Brunch For Lunch French Toast Sticks, Scrambled egg</b> Hash browns	<sup>3/28</sup> <b>Cheese Pizza</b> Cucumbers & Ranch Cup	<sup>3/29</sup> <b>CLOSED</b>

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*Balanced nutrition throughout the day contributes to student success in and out of the classroom. New research shows children are getting their healthiest meals at school. Studies have demonstrated that school meal programs play an important role in supporting obesity prevention, overall student health and academic achievement by improving children's diets and combating hunger.*

*ALL Breakfast items are 100% whole grain and meet the USDA meal pattern requirements.*

*Each breakfast is served with fruit and milk.*

2/26 Strawberry Bagel Bites	2/27 Confetti Pancakes	2/28 Crumb Cake	2/29 Glazed Doughnuts	3/1 Choc Chip Muffins
3/4 Breakfast Bar	3/5 Cereal	3/6 Cinnamon Roll	3/7 Mini Waffles	3/8 Banana Bread
3/11 Breakfast Burrito	3/12 Confetti Pancakes	3/13 Crumb Cake	3/14 Glazed Doughnuts	3/15 Choc Chip Muffins
3/18 Breakfast Pizza	3/19 Cereal	3/20 Cinnamon Roll	3/21 Breakfast burrito	3/22 Choc Chip Muffin
3/25 Choc Chip Muffin	3/26 Confetti Pancakes	3/27 Crumb Cake	3/28 Glazed Doughnuts	3/29 CLOSED