

MEAL PRICES:

Milk (only): \$.60

Breakfast and Lunch are currently available to ALL students for FREE

Hampton Elementary School
Breakfast & Lunch Menu

October 2020

FRESH FRUITS AND VEGGIES
SERVED EVERY DAY!

Staff Meal: \$4.00

			10/1	10/2
			Chicken Tenders Fresh Fruit & Veggies Milk <i>Alt. Sunbutter & Jelly</i>	Pizza Day!! Fresh Fruit & Veggies Milk <i>Alt. Sunbutter & Jelly</i>
			Breakfast: Cinnamon Roll	Breakfast: Cereal
10/5	10/6	10/7	10/8	10/9
Mozzarella Sticks Fresh Fruit & Veggies Milk <i>Alt. Sunbutter & Jelly</i>	Cheeseburger Fresh Fruit & Veggies Milk <i>Alt. Sunbutter & Jelly</i>	Turkey Sandwich Fresh Fruit & Veggies Milk <i>Alt. Sunbutter & Jelly</i>	Pancakes w/ Syrup Fresh Fruit & Veggies Milk <i>Alt. Sunbutter & Jelly</i>	Pizza Day!! Fresh Fruit & Veggies Milk <i>Alt. Sunbutter & Jelly</i>
	Breakfast: Cinnamon Roll	Breakfast: Apple Roll	Breakfast: Choc. Chip Muffin	Breakfast: Cereal
10/12	10/13	10/14	10/15	10/16
NO School	Beef&Cheese Nachos Fresh Fruit & Veggies Milk <i>Alt. Sunbutter & Jelly</i>	Turkey Sandwich Fresh Fruit & Veggies Milk <i>Alt. Sunbutter & Jelly</i>	French Toast Sticks Fresh Fruit & Veggies Milk <i>Alt. Sunbutter & Jelly</i>	Pizza Day!! Fresh Fruit & Veggies Milk <i>Alt. Sunbutter & Jelly</i>
	Breakfast: Cinnamon Roll	Breakfast: Apple Roll	Breakfast: Cinnamon Roll	Breakfast: Cereal
10/19	10/20	10/21	10/22	10/23
Grilled Cheese Fresh Fruit & Veggies Milk <i>Alt. Sunbutter & Jelly</i>	Beef & Chs Nachos Fresh Fruit & Veggies Milk <i>Alt. Sunbutter & Jelly</i>	Turkey Sandwich Fresh Fruit & Veggies Milk <i>Alt. Sunbutter & Jelly</i>	Meatball Grinder Fresh Fruit & Veggies Milk <i>Alt. Sunbutter & Jelly</i>	Pizza Day!! Fresh Fruit & Veggies Milk <i>Alt. Sunbutter & Jelly</i>
Breakfast: Cereal	Breakfast: Cinnamon Roll	Breakfast: Apple Roll	Breakfast: Choc. Chip Muffin	Breakfast: Cereal
10/26	10/27	10/28	10/29	10/30
Pizza Crunchers Fresh Fruit & Veggies Milk <i>Alt. Sunbutter & Jelly</i>	Cheese Quesadilla Fresh Fruit & Veggies Milk <i>Alt. Sunbutter & Jelly</i>	Turkey Sandwich Fresh Fruit & Veggies Milk <i>Alt. Sunbutter & Jelly</i>	Chicken Patty Fresh Fruit & Veggies Milk <i>Alt. Sunbutter & Jelly</i>	Pizza Day!! Fresh Fruit & Veggies Milk <i>Alt. Sunbutter & Jelly</i>
Breakfast: Cereal	Breakfast: Choc. Chip Muffin	Breakfast: Apple Roll	Breakfast: Choc. Chip Muffin	Breakfast: Cereal

*Menu subject to change without notice.

FOOD NEWS!

Effective immediately, school breakfast and lunch are **FREE** for all children 18 years and younger.

This federally mandated benefit will be in effect until December 31st, 2020 unless funds are exhausted sooner by the United States Department of Agriculture.

You may order Meals for Multiple Days to be picked up on Tuesdays and Fridays for all children 18 years and under. *Bulk meals do not always follow this menu*** Please use this link: <https://forms.gle/RmxAiW3vqtXDjbdQ9>**

- ❖ Please note during this time we will only have one breakfast option and one alternate lunch option. Also during this time there will be no snacks offered for purchase.
- ❖ All meals will continue to be packaged individually in to-go style containers to keep your students safe and healthy.
- ❖ If you choose to send your child in with a home lunch, we are encouraging parents to do so in a non-fabric lunch box (preferably disposable) to ensure these items can be properly sanitized.

Breakfast

A complete breakfast includes; Whole Grain based Entrée, Milk, Fruit and/or 100% Fruit Juice.



All meals will be packaged individually in to-go style packaging keeping your students'

safety our number one priority.



Lunch

If you choose to send in a home lunch, we are encouraging parents to do so in a non-fabric lunch box (preferably disposable) to ensure these items can be properly sanitized.



Lunch choices include: 1% Regular Milk and fat-free chocolate milk

What does a complete hot lunch include?

Grain, meat/meat alternate, vegetable, fruit & milk



This is an equal opportunity institution.

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